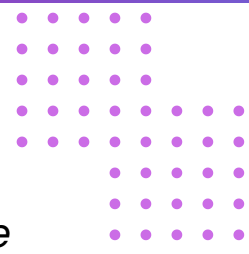




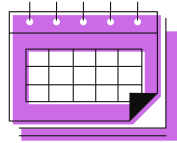
The CEI Sexual Health Center of Excellence presents the

# SEXUAL HEALTH

## LUNCH & LEARN WEBINAR SERIES



# CONTRACEPTION MYTHS: WHAT PATIENTS HEAR - AND WHAT PROVIDERS SHOULD KNOW



**Monday March 9, 2026**

**12:00 – 1:00 PM**

### LEARNING OBJECTIVES:

1. Identify common misconceptions about the efficacy, safety, and appropriate use of major contraceptive methods including emergency contraception, long-acting reversible, barrier, and hormonal methods.
2. Explain the evidence that counter prevalent myths about contraception, such as impacts on fertility, cancer risk, weight change, bone health, and long-term health.
3. Apply myth-busting strategies in practice by responding accurately to common patient or public concerns about contraception.

*Presented by*



**Stacy Sun, MD, MPH**

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